



**PATIENT & APPOINTMENT INFORMATION**

**PLACE PATIENT LABEL HERE**

Date of Request: D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_  
 Name: \_\_\_\_\_ Female Male  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_  
 Other Phone: \_\_\_\_\_  
 Date of Birth: D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_  
 AHC or WCB #: \_\_\_\_\_

**Appt. Date: D/ \_\_\_\_\_ M/ \_\_\_\_\_ Y/ \_\_\_\_\_ Time: \_\_\_\_\_** am pm

**PROFESSIONAL SERVICES**

\*\*\*Please see patient instruction on reverse\*\*\*

**General Ultrasound**

- Kidneys and Bladder
- Abdomen
- Liver Elastography for NAFLD  
(For use with Hepatology NAFLD Pathway, see: specialistlink.ca)
- Liver Elastography for Alcohol Use (For use with Hepatology AUD pathway, see: specialistlink.ca)
- Liver Elastography, other indication  
(Please specify): \_\_\_\_\_
- Pelvis
- Thyroid
- Neck (salivary glands, lymph nodes, mass)
- Hernia R L Abdominal wall
- Scrotum
- RLQ / Appendix
- Soft Tissue Mass
- Other: \_\_\_\_\_

**Musculoskeletal Ultrasound**

X-ray of the area may be required if recent trauma, or if no X-ray within last six months.

- |                               |       |       |
|-------------------------------|-------|-------|
| Shoulder (incl. rotator cuff) | R     | L     |
| Elbow                         | R     | L     |
| Wrist                         | R     | L     |
| Carpal Tunnel                 | R     | L     |
| Hand or Finger                | R     | L     |
| Hip                           | R     | L     |
| Knee (incl. Baker's cyst)     | R     | L     |
| Ankle                         | R     | L     |
| Achilles                      | R     | L     |
| Plantar Fascia                | R     | L     |
| Foot or Toe                   | R     | L     |
| Muscle/Tendon:                | _____ | _____ |
| Ganglion:                     | _____ | _____ |
| Other:                        | _____ | _____ |

**Obstetrical Ultrasound**

- Date of last menstrual period: \_\_\_\_\_
- Complete Obstetrical Assessment (early, NT, detailed)
  - Early Obstetrical (< 14 weeks)
  - Nuchal Translucency (NT) (GA 11w+0d – 13w+6d, preferably after 12 weeks)
  - Detailed exam (> 18 weeks)
  - BPP & growth (> 28 weeks)
  - Other: \_\_\_\_\_

**Vascular Ultrasound**

- Carotid, Vertebral & Subclavian Arteries
- Carotid Intima-Media Thickness
- Venous (DVT)
- R L Arm Leg

The exams above can be performed at any ultrasound location. For specialty vascular exams, please refer to the Vascular Requisition.

**Bone Mineral Densitometry**

- Bone Mineral Density Evaluation

**Nuclear Medicine Imaging**

- Bone Scan
- Bone Scan with SPECT/CT
- HIDA Biliary Scan
- Thyroid Scan

**Specialty Imaging**

Mayfair offers specialty exams which can be requested using the applicable requisition.

- Cardiac Requisition • Coronary CT Angiography Requisition
- MRI & CT (Private Pay) Requisition • Pain Management Requisition

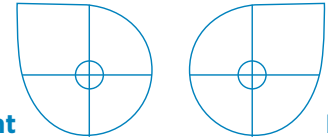
Download these requisitions online ([www.radiology.ca/requisition-forms](http://www.radiology.ca/requisition-forms)) or email [bd@radiology.ca](mailto:bd@radiology.ca) to request.

**Breast Imaging**

- Complete Breast Assessment [Mammography and breast ultrasound/ ABUS - (if dense breast or as necessary)]
- Diagnostic Breast Ultrasound
- R L Bilateral
- Diagnostic Mammography (with tomosynthesis)
- R L Bilateral
- Screening Mammography (with tomosynthesis)

**Intervention**

- Breast Biopsy (FNA, core biopsy, needle localization, stereotactic biopsy)



Right

Left

**X-ray** (No appointment necessary, walk-in basis)  
Exam to be performed:

**HISTORY & PRESUMPTIVE DIAGNOSIS**

Please complete this section with as many details as possible, this enables our clinic staff to provide the most comprehensive patient care.

Stat Phone Report  
 Phone: \_\_\_\_\_  
 Stat Fax Report  
 Fax: \_\_\_\_\_

**REFERRER INFORMATION**

Name: \_\_\_\_\_  
 Copy to: \_\_\_\_\_ WCB - Alberta  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 Address: \_\_\_\_\_

Practitioner's ID/Stamp:

Send images with patient (CD copy) Images also available on Netcare.  
 Signature: \_\_\_\_\_

1. Please bring your health insurance card, photo identification, and this requisition.
2. Stay on prescribed medications. Diabetics should discuss possible stoppage or reduction of insulin with their physicians. If instructions require fasting or "clear liquid" diet, diabetics should request early appointments.
3. Please do not bring children who require supervision.
4. Arrive 15 minutes early for your appointment. If you are unable to keep your appointment, please call 403.777.3000.
5. Kindly advise us of any mobility limitations when booking your exam.
6. Please avoid wearing fragrances as we are a fragrance-free facility.

## PATIENT EXAM PREPARATION INSTRUCTIONS

### GENERAL ULTRASOUND

#### Abdomen

Have nothing to eat or drink (except water) for six hours prior to examination.

#### Pelvis, Kidneys/Bladder

Drink one litre of water, 1.5 hours prior to your exam. Finish all water one hour before your appointment. Do not empty the bladder.

#### Abdomen & Pelvis Combined

Do not eat for six hours prior to the examination. Drink one litre of water, 1.5 hours prior to your exam. Finish all water one hour before your appointment. Do not empty the bladder.

### OBSTETRICAL ULTRASOUND

#### Complete Obstetrical Assessment, Early, NT, Detailed

Drink one litre of water, 1.5 hours prior to your exam. Finish all water one hour before your appointment. Do not empty the bladder.

#### Biophysical Profile (BPP)

Prior to the examination have a snack.

### MAMMOGRAPHY

Do not use deodorant, antiperspirant, lotion, or powders before the examination. If tenderness is an issue, stay on a caffeine-free diet. Delay booking until premenstrual tenderness subsides. Please wear a two-piece outfit.

### NUCLEAR IMAGING

You will be given an injection of a radioactive tracer and images will be obtained either immediately or after a delay of up to a few hours. If you have had a barium study less than one week prior or there is a chance of being pregnant, please contact our Patient Experience Coordinators as imaging may be delayed.

TYPE OF STUDY	PREPARATION	EXPECTED DURATION
Bone Scan – with or without SPECT/CT	None	15 min. first appt./up to 1 hour second appt.
HIDA Biliary Scan	Nothing to eat or drink 6 hours prior to appt.	2 to 3 hours
Thyroid Scan	No thyroid medications or multivitamins/supplements with iodine for 2 weeks prior. No CT or X-ray dye for 4 weeks prior.	45 minutes

### X-RAY (walk-in only)

Please note not all of Mayfair Diagnostics' clinics provide X-rays. X-rays are performed on a **walk-in** basis; no appointment necessary.

### CALGARY SOUTHEAST

**Mahogany Village Market** • 230, 3 Mahogany Row SE  
 Bone Mineral Densitometry, Breast Imaging, Nuclear Medicine Imaging, Pain Management, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

**Southcentre Mall** • 177, 100 Anderson Rd. SE  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
**No X-ray service.**

**South Calgary Health Centre** • 105, 31 Sunpark Plz. SE  
 X-ray (walk-in only) hours 7:30 a.m. to 11 p.m., 7 days/week.

**Sunpark Professional Centre** • 125, 40 Sunpark Plz. SE  
 Bone Mineral Densitometry, Breast Imaging, Nuclear Medicine Imaging, Ultrasound. **No X-ray service.**

### CALGARY NORTHEAST

**Castleridge Plaza** • 20, 55 Castleridge Blvd. NE  
 Bone Mineral Densitometry, Breast Imaging, Nuclear Medicine Imaging, Pain Management, Ultrasound.  
 X-ray (walk-in only) hours 7:30 a.m. to 4 p.m. Mon-Fri.

**Coventry Hills Centre** • 457, 130 Country Village Rd. NE  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

**Sunridge Plaza** • 150, 3363 – 26 Ave. NE  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound, Vascular Lab.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

### CALGARY CENTRAL

**The CORE** • 417, 751 – 3 St. SW (on the 4th floor next to the food court in The CORE Medical Centre)  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 7:30 a.m. to 4 p.m. Mon-Fri.

### CALGARY NORTHWEST

**Beacon Heights Shopping Centre** • 440, 12024 Sarcee Trl. NW  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

**Crowfoot Business Centre** • 401, 400 Crowfoot Cres. NW  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

**Market Mall Professional Centre** • 333, 4935 – 40 Ave. NW  
 Bone Mineral Densitometry, Breast Imaging, Nuclear Medicine Imaging, Pain Management, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 8 p.m. Mon-Thu; 8 a.m. to 4 p.m. Fri and Sun.

### CALGARY SOUTHWEST

**Aspen Landing** • 105, 339 Aspen Glen Lndg. SW  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

**Mayfair Place** • 132, 6707 Elbow Dr. SW  
 Bone Mineral Densitometry, Breast Imaging, Cardiac Imaging, CT, MRI, Nuclear Medicine Imaging, Pain Management, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Sat.

**Westbrook Professional Building** • 200, 1610 – 37 St. SW  
 Bone Mineral Densitometry, Breast Imaging, Ultrasound.  
 X-ray (walk-in only) hours 8 a.m. to 4 p.m. Mon-Fri.

### COCHRANE

**Cochrane Grande Plaza** • 1123, 116 Grande Blvd.  
 Bone Mineral Densitometry, Breast Imaging, Pain Management, Ultrasound.  
**No X-ray service.**