

PATIENT INFORMATION

PLACE PATIENT LABEL HERE

Date of Request: D/ M/ Y/
 Name: _____ Female Male
 Address: _____
 City: _____ Province: _____ Postal Code: _____

Home Phone: _____
 Other Phone: _____
 Date of Birth: D/ M/ Y/
 AHC or WCB #: _____
Appt. Date: D/ M/ Y/ **Time:** _____ am pm

HISTORY AND PRESUMPTIVE DIAGNOSIS

Please provide all relevant information.

FOR REFERRER

Number of repeats/year: _____
 (Limit 4 injections per site per year)

Relevant previous imaging:

X-ray Date: _____
 Ultrasound Date: _____
 MRI Date: _____
 Other: _____ Date: _____

PROCEDURE SITE REQUESTED (Additional imaging will be coordinated, if appropriate)

Musculoskeletal Procedures

Shoulder

Subacromial Bursa R L
 Glenohumeral Joint R L
 AC Joint R L
 Biceps Tendon (long head) R L
 Tendon Calcification R L

Elbow

Elbow Joint R L
 Lateral Epicondyle R L
 Medial Epicondyle R L
 Olecranon Bursa R L

Wrist & Hand

Radiocarpal Joint R L
 1st CMC Joint R L
 Carpal Tunnel R L
 Extensor/DeQuervain's (level) R L
 Flexor/Trigger (level) R L
 Ganglion Cyst R L
 Other Joint: _____ R L

Knee

Knee Joint R L
 Baker's Cyst R L

Hip & Pelvis

Hip Joint R L
 Greater Trochanteric Bursa R L
 Iliopsoas Bursa R L
 Ischial Bursa R L
 Symphysis Pubis

Ankle & Foot

Ankle Joint R L
 Subtalar Joint R L
 1st MTP Joint R L
 Plantar Fascia R L
 Ganglion Cyst R L
 Morton's Neuroma R L
 Other Joint: _____ R L

Other

Tenotomy R L
 Site: _____ (Specify Indication)
 Other: _____ R L
 Site: _____ (Specify Indication)

For Pre-Injection Assessment

(If checked, we will review prior imaging and suggest appropriate injection.)

Spinal Procedures

SPECT/CT Bone Scan (to guide facet injections)

Facet Injection	Cervical	R	L (level)
	Thoracic	R	L (level)
OR Medial Branch Block	L1/L2	R	L
	L2/L3	R	L
OR Radiofrequency Ablation*(L-Spine)	L3/L4	R	L
	L4/L5	R	L
	L5/S1	R	L

SI Joint R L
 Coccyx

Selective Nerve Root Block** (transforaminal/TFESI)	L3	R	L
	L4	R	L
	L5	R	L
	S1	R	L

Cervical Epidural (Trans Facet) R L (level)

Epidural Injection** (interlaminar)	L3/L4	L5/S1
	L4/L5	Caudal

Other: _____

* If determined appropriate based on MBB results
 ** MRI required before injection

INJECTION TYPE Steroid Injection performed unless otherwise indicated

Viscosupplementation: _____ (Specify Type)
 (Most available onsite for purchase)

Fee-for-Service

Biologics:

PRP (Platelet Rich Plasma): _____

APS (Autologous Protein Solution/nSTRIDE*): _____

PATIENT INFORMATION

Medications

Coumadin
 Plavix
 Other Blood Thinners: _____

Allergies

Xylocaine
 Iodinated Contrast
 Other: _____

Diabetic

REFERRER INFORMATION

Name: _____ Practitioner's ID/Stamp: _____
 Copy to: _____
 Phone: _____ Fax: _____
 Address: _____ Signature: _____

A booking coordinator will contact your patient to schedule their appointment. Pain management services are covered by Alberta Health Care (unless otherwise indicated).

- **Please bring** your health insurance card, photo identification, and this requisition form to your appointment.
- **Arrive 15 minutes prior to your appointment.** If you are late, your examination may have to be postponed to a later date.
- Allow 20–30 minutes for your appointment and wear comfortable clothing.
- There are no food or drink restrictions. If you are an insulin-dependent **diabetic**, please ensure you have some juice and/or a small snack after taking your insulin.
- Continue taking all of your current medications. If you are on **anticoagulant drugs** (Plavix, Coumadin, Warfarin) you may need to have your INR checked and may need to stop your medication prior to the procedure. Our booking coordinator will discuss this with you.
- **ALL INTRA-ARTICULAR MEDICATIONS (CORTICOSTEROID AND LONG-ACTING LOCAL ANAESTHETIC) ARE PROVIDED TO YOU AT YOUR APPOINTMENT.**
IF YOU ARE PRESCRIBED VISCOUSUPPLEMENTATION WE OFFER SOME AT DIRECT COST AT OUR FACILITY. OTHERWISE PLEASE BRING THIS MEDICATION WITH YOU TO YOUR APPOINTMENT.
- If possible, please **have someone accompany you on the day of your test.** In case you have any discomfort, it may be more convenient to have someone else drive you home. Selective nerve root block, epidural injection, and radiofrequency ablation patients must have a driver.
- X-rays may be taken prior to the injection.
- Patients are allowed to leave after their exam with no recuperation time required. **Exception:** Selective nerve root block, epidural injection, and radiofrequency ablation patients will require an additional 15–30 minutes recovery after the procedure.
- Please contact us if you have any questions about these procedures.
- Please do not bring children who require supervision to your appointment.