



IMPORTANT

Please call us at 1-866-611-2665 if you need to reschedule.

DAY OF YOUR APPOINTMENT

- No food or drink two hours before your appointment.
- Please arrive 90 minutes before your appointment to allow enough time to start an intravenous and for the oral contrast (Lactulose) to take effect.
- Bring photo identification and your provincial health card.
- Take all prescribed medications as directed.
- Wear comfortable clothes.
- Please do not bring children who require supervision.

YOUR EXAM

DURATION: Exam: 25 minutes Appt: 90 minutes

Computed tomography (CT) is an advanced imaging system that uses a combination of X-rays and computer technology to produce comprehensive images of your abdomen. CT scans give a much more detailed picture than regular X-rays and can identify many conditions that may escape detection on other imaging tests.

Your health care practitioner may order a CT enterography scan to examine your abdomen, focusing on the small bowel.

WHAT HAPPENS DURING MY EXAM?

- You may be asked to change into scrubs.
- You will be asked to drink roughly one 500 ml bottle of water mixed with 40 ml of Lactulose (an oral contrast solution that helps enhance your images) every 20 minutes over the next 60 minutes.
- After 60 minutes you will be taken to the CT scanner and asked to lie on your back on the bed, which will then be adjusted for correct placement.
- Your technologist will then set up an intravenous (IV) line for the contrast solution. Please note that IV contrast is an additional cost of \$125.

- Your technologist will leave the room to begin your exam, but you will be in direct communication throughout your procedure.
- Your technologist will take several initial scans, then administer the contrast solution through your IV to enhance your remaining images.
- You will be asked to hold your breath (for 10-15 seconds) to help obtain specific images.
- At the end of your exam, your technologist will help you off the bed and guide you back to your change room. You are then free to leave.

POST-EXAM INSTRUCTIONS

It is important to drink plenty of fluids throughout the day to “flush out” the contrast solution. Most of the solution is out of your system within the six hours following your exam and will be completely eliminated within 24 hours.

WHEN WILL I GET MY RESULTS?

We do our best to have our radiologists interpret the information and forward the results to your doctor in a timely manner.