

EXAM PREPARATION INSTRUCTIONS 🗦 🗦 🧎



IMPORTANT

Please call us at 1-866-611-2665 if you need to reschedule.

BEFORE YOUR APPOINTMENT

- Take all prescribed medications as directed.
- Please let us know if you are, or may be, pregnant, or if you've had recent surgery.
- Please also let us know if you have metal in your body.

DAY OF YOUR APPOINTMENT

- No food or drink for four hours before your exam.
- Please arrive 30 minutes before your appointment to allow enough time to check in with reception.
- Wear comfortable clothes free of metal zippers or buttons, including metal-free underwear.
- Your technologist may ask you to remove any metallic objects, which are unsafe near the MRI magnet.
- Bring photo identification and your provincial health card.

YOUR EXAM

DURATION: 30-60 minutes

Magnetic resonance imaging (MRI) is a powerful tool for screening and diagnosis. Many consider it to be the best way to detect diseases in their earliest, most treatable stage.

The exam is non-invasive, uses no radiation, and our state-of-the-art equipment offers a more comfortable imaging experience. Your health care practitioner may order a breast MRI to investigate any concerns in your breast tissue.

WHAT HAPPENS DURING MY EXAM?

- You may be asked to change into a gown or scrubs.
- If a contrast solution is needed, we will insert an intravenous (IV) line. Please note that IV contrast is an additional cost.
- Once the IV is in place your technologist will position you on the cushioned scanner table in the MRI suite. We will do our best to make you comfortable.
- An MRI can be loud, so you will be provided with headphones or ear plugs to reduce the noise. Eye masks are available upon request for patients who have difficulty relaxing in a confined space. You are also given an emergency call bell to stop the exam, if needed.
- Once you are relaxed and comfortable, a sensor will be positioned around the body part being scanned. The table will then move slowly into the MRI scanner, which is well lit and ventilated.
- You will be asked to hold very still, as movement may result in blurring of images. Your technologist will be close by at all times.
- Once we have successfully captured your images, your IV will be removed (if you have one) and you are free to leave.

WHEN WILL I GET MY RESULTS?

We do our best to have our radiologists interpret the information and forward the results to vour doctor in a timely manner.

Tel 403.777.3000 radiology.ca



Tel 403.777.3000 radiology.ca