



## IMPORTANT

**Please call us at 1-866-611-2665 if you need to reschedule.**

## BEFORE YOUR APPOINTMENT

- No food or drink (except water) starting at midnight the night before your exam.

## DAY OF YOUR APPOINTMENT

- Please arrive 90 minutes before your appointment to allow enough time for the oral contrast (Omnipaque) to take effect.
- Bring photo identification and your provincial health card.
- Take all prescribed medications as directed.
- Wear comfortable clothes.
- Please do not bring children who require supervision.

## YOUR EXAM

*DURATION: 30-60 minutes*

Magnetic resonance imaging (MRI) is a powerful tool for screening and diagnosis. Many consider it to be the best way to detect diseases in their earliest, most treatable stage.

The exam is non-invasive, uses no radiation, and our state-of-the-art equipment offers a more comfortable imaging experience. Your health care practitioner may order an abdomen MRI to investigate any concerns in your abdominal area, or to examine:

- blood flow or blood vessels
- liver, pancreas, and kidneys
- the cause of pain or swelling
- lymph nodes

## WHAT HAPPENS DURING MY EXAM?

- You may be asked to change into a gown or scrubs.
- If a contrast solution is needed, we will insert an intravenous (IV) line. Please note that IV contrast is an additional cost of \$250.
- Once the IV is in place your technologist will position you on the cushioned scanner table in the MRI suite. We will do our best to make you comfortable.
- An MRI can be loud, so you will be provided with headphones or ear plugs to reduce the noise. Eye masks are available upon request for patients who have difficulty relaxing in a confined space. You are also given an emergency call bell to stop the exam, if needed.
- Once you are relaxed and comfortable, a sensor will be positioned around the body part being scanned. The table will then move slowly into the MRI scanner, which is well lit and ventilated.
- You will be asked to hold very still, as movement may result in blurring of images. Your technologist will be close by at all times.
- You may be asked to hold your breath for some of the images. Breath holds can last between 5-25 seconds.
- Once we have successfully captured your images, your IV will be removed (if you have one) and you are free to leave.

## WHEN WILL I GET MY RESULTS?

We do our best to have our radiologists interpret the information and forward the results to your doctor in a timely manner.

