



## IMPORTANT

**Please call us at 1-866-611-2665 if you need to reschedule.**

## BEFORE YOUR APPOINTMENT

- Please let us know if you are, or may be, pregnant, or if you've had recent surgery.
- If you take insulin to manage your diabetes, please let your booking coordinator know.

## DAY OF YOUR APPOINTMENT

- You are encouraged to have a small snack one hour before your exam.
- If you are diabetic, you may have juice one hour prior to your exam with your medication.
- Please arrive 30 minutes before your appointment to allow enough time to check in with reception.
- Bring photo identification and your provincial health card.
- Take all prescribed medications as directed.
- Wear comfortable clothes.
- Please do not bring children who require supervision.

## YOUR EXAM

*DURATION: Exam: 20-30 minutes Appt: 30-60 minutes (depending on area)*

An arthrogram is a type of imaging where contrast solution, a special dye, is injected into your joint. Then using fluoroscopy, real-time X-ray imaging, pictures are taken to examine the area of concern. The dye helps highlight the area.

## WHAT HAPPENS DURING MY EXAM?

- You may be asked to change into a gown or shorts, depending on the area to be imaged.
- A team member will review the consent form, procedure details, and answer any questions.
- We will then escort you to our treatment suite where you will meet the radiologist who will clean the skin and inject a local anesthetic, similar to the freezing you get at the dentist.
- We will then inject the MRI contrast solution and your technologist will position you on the table. We will do our best to make you comfortable.
- Once we have successfully captured your images, you are free to leave.

## WHEN WILL I GET MY RESULTS?

We do our best to have our radiologists interpret the information and forward the results to your doctor in a timely manner.