



## PATIENT INFORMATION

1. Please bring your health insurance card, photo identification, and this requisition.
2. Stay on prescribed medications. Diabetics should discuss possible stoppage or reduction of insulin with their physician. If instructions are to be on a fasting or "clear liquid" diet, early appointments should be requested for diabetics.
3. Please do not bring children who require supervision.
4. Arrive 15 minutes prior to your appointment. If you are unable to keep your appointment, call 306.569.9729.
5. Kindly advise us of any limitation of mobility prior to your exam. Please let us know if you are in a wheelchair so that we can better accommodate your needs.
6. Please do not wear fragrance as others may be sensitive.

## PREPARATION INSTRUCTIONS

### Complete Abdomen Ultrasound

Have nothing to eat or drink (except water) for six hours prior to examination.

For patients under 36 kg/80 lbs have nothing to eat or drink (except water) for three hours prior to examination.

### Renal, Pelvic, Obstetrical Ultrasounds

Drink one litre of water, 1.5 hours prior to your exam. Finish all water one hour before your appointment. Do not empty the bladder.

For patients under 36 kg/80 lbs drink 500 ml of water, 1.5 hours prior to your exam. Finish all water one hour before your appointment. Do not empty your bladder. Drink water slowly to prevent abdominal discomfort.

### Fetal Growth and Biophysical Profile (BPP) Ultrasounds

Prior to the examination have a snack.

### Combination Pelvis and Abdomen Ultrasound

Do not eat for six hours prior to the examination. Drink one litre of water, 1.5 hours prior to your examination. Finish all water one hour before your appointment. Do not empty your bladder. Drink water slowly to prevent abdominal discomfort

For patients under 36 kg/80 lbs Do not eat for three hours prior to the examination. Drink 500 ml of water, 1.5 hours prior to your examination. Finish drinking the water one hour before your appointment. Do not empty your bladder. Drink water slowly to prevent abdominal discomfort.

### Mammography

Do not use deodorant, antiperspirant, lotion, or powders before the examination. If tenderness is an issue, stay on a caffeine-free diet. Delay booking until premenstrual tenderness subsides. Please wear a two-piece outfit.

## APPOINTMENTS

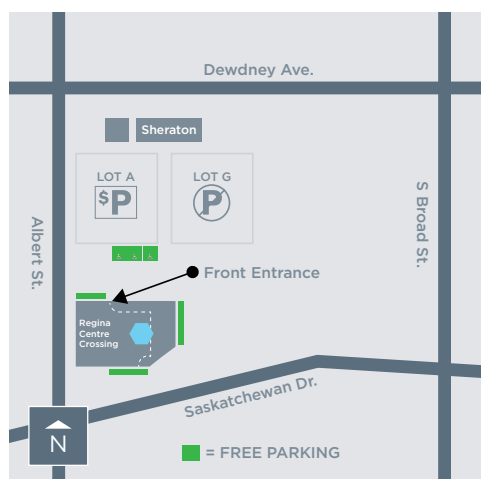
306.569.9729

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## REGINA CENTRE CROSSING PARKING

