

SASKATCHEWAN SERVICE UPDATE

October 2026

STANDING TOGETHER FOR BREAST CANCER AWARENESS

October is Breast Cancer Awareness Month—a time to highlight the importance of breast health. We're proud to support you and your patients with our range of breast imaging services.

Diagnostic mammography – We provide low dose 3D mammography (tomosynthesis) resulting in a greater level of detail and clearer view of the breast tissue with the same small dose of radiation as the standard mammogram. 3D mammography is proven to be 40% more accurate in detecting invasive breast cancers compared to standard mammograms.

Diagnostic ultrasounds – A patient with a clinical concern (e.g. palp lump, new nipple inversion) over the age of 30, should receive a mammogram and an ultrasound. Under the age of 30, the patient should start with an ultrasound and then follow up with radiologist recommendations.

Breast density & ultrasounds – Dense breasts (Volpara D) with any additional risk factors such as family history may put a patient in higher risk categories. These patients are strong candidates for yearly screening. Additional risk factors for the patient should be considered, and a complete breast assessment may be the best path. Mammograms provide a very good internal picture of breast tissue. Even for dense breast tissue there are many details that can be seen better on a mammogram compared to ultrasound. Breast ultrasound is an excellent tool to take a closer look at an area of concern to see what's inside a lump or area of dense tissue. It's a good complement to mammography, especially for extremely dense breasts if the radiologist indicates it is necessary.

Breast implants – Patients with implants can have a diagnostic exam at our clinic. Patients with implants cannot have a screening exam through the SCA screening program as “special” additional views are required.

For more information on our breast imaging in Regina, visit physicians.radiology.ca/services.

REQUISITION ORDERING

To order print versions of our requisitions, please visit physicians.radiology.ca or email bd@radiology.ca. You'll also find online versions at physicians.radiology.ca and assistance with EMR uploading. Questions? Check out “Contact Us” for a list of phone and fax numbers.

IN YOUR COMMUNITY

We are proud to have supported our community at the Canadian Cancer Society CIBC Run for the Cure on October 4 with a team of Mayfair runners and walkers. It was a great day for a great cause.

YOUR MAYFAIR TEAM

Your Strategic Partnerships Manager Kathryn Margerison Kozack is temporarily away but we've still got you covered.

Please reach out to bd@radiology.ca or phone **306-737-8838** and we'll be happy to assist you. For more information on how to contact us, visit physicians.radiology.ca.

Thank you for your continued partnership